


16, 17 & 18 JUNE

3 DAYS / 47 KM

ROWING LEVEL 

ROWING DOWN THE LOT

Rowing down the River Lot starts at the bottom of the medieval village of Saint Cirq-Lapopie, a major site of the Lot valley and goes upriver to St Martin Labouval and its neo-Roman church of the 19th century, crossing Cregols, a small village which is typical of the rural architecture of the Quercy region with the four sloped roofs, dovecotes, towers and "bolets" (stone stoops covered by a canopy and supported by stone pillars or wooden poles). The tour continues between steep cliffs, carved out by the river, which shelter the first fortifications and allow to discover many castles and small feudal villages. After Vers, cliffs give way to the "Cévennes", barren and stony mountainsides with massive domed hills which used to be planted with vineyards. Crossing villages with their own identity and character, you will then arrive in Cahors, a Gallo-Roman and medieval town. Aged 700 years, the Valentré bridge, emblem of the city, is listed as a UNESCO World Heritage Site.

PROVISIONAL PLANNING

DAY 1

3.00PM TO 5.30PM Round trip Saint-Cirq-Lapopie: 5 km. Accommodation in mobile home or cottage in camping****. Dinner at the camping restaurant.

DAY 2


8AM TO 12.30AM From Saint-Cirq Lapopie to Vers: 17,8 km.

2PM TO 6.30PM From Vers to Cahors: 17,2 km. Accommodation in hotel ; festive meal evening at the restaurant "La Chartreuse" on the banks of the lot.

DAY 3

8.30AM TO 11.30AM Round trip Cahors: 7 km. Picture taking at Valentré bridge. Lunch at the restaurant "La Chartreuse".

Possibility to arrive the day before.

 Lot, river

 recreational four-person sculling boats

€ **Rowers : 290 € with accommodation, 2 nights, 4 meals**
Companions: identical fees
90 seats available, 60 €

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