

WEEK-END

17

17 & 18 JUNE

2 DAYS / 64 KM

ROWING LEVEL 

PROVISIONAL PLANNING

You can arrive on Friday between 5pm and 8pm.

DAY 1

Welcome from 7.30am.

8.45AM Safety briefing and launch.

Stage 1 23km from La Rochelle (Port des Minimes) to Aix island through the old harbor. Picnic.

Stage 2 16km from Aix island to Oléron island ("Boyardville") through Enet and Boyard forts.

Evening meal and night at the Sport centre in Boyardville (rooms for 2 to 6 people) on the Oléron Island.



DAY 2

Stage 3 25km from Oléron island ("Boyardville") to La Rochelle (port des Minimes).

1PM Lunch at the club.

Depending on the number of companions, a biking tour could be available on Oléron Island on Saturday and in the city center of La Rochelle on Sunday.

This 3 steps tour, spread over two days and destined to veteran sea rowers with a good physical condition, will make you discover a landscape between land and water, strewn between oyster and mussel parks known as the "estran"; a place spanned with "carrelets", fishermen's cabins perched over the water, at the far end of a wooden footbridge. The Pertuis d'Antioche, located between La Rochelle, and the isles of Ré and Oléron, offers a variety of landscapes: you will sail from La Rochelle, a trade town of narrow back-streets and rich history, towards the island of Aix, where Napoleon boarded the ship that took him to Saint-Hélène. Then you will set course for Fort Boyard, before reaching "Oléron la lumineuse" (sunny Oléron), a famed seaside resort abound with beaches, oyster basins, salt marshes, and fortifications. During this voyage, you will enjoy the exceptional setting of rich heritage, which has made the reputation of La Rochelle and nearby island across the world.

 **Antioche strait**
 **quadruple coastal rowing boat**
 **Rowers: 155 € with accommodation, 1 night, 3 meals / 140 € without accommodation, 3 meals**

Companions: 130 € with accommodation, 1 night, 3 meals / 115 € without accommodation, 3 meals
50 seats available, 30 €

 **CLUB D'AVIRON DE MER DE LA ROCHELLE**
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CROSSING ANTIOCHE

