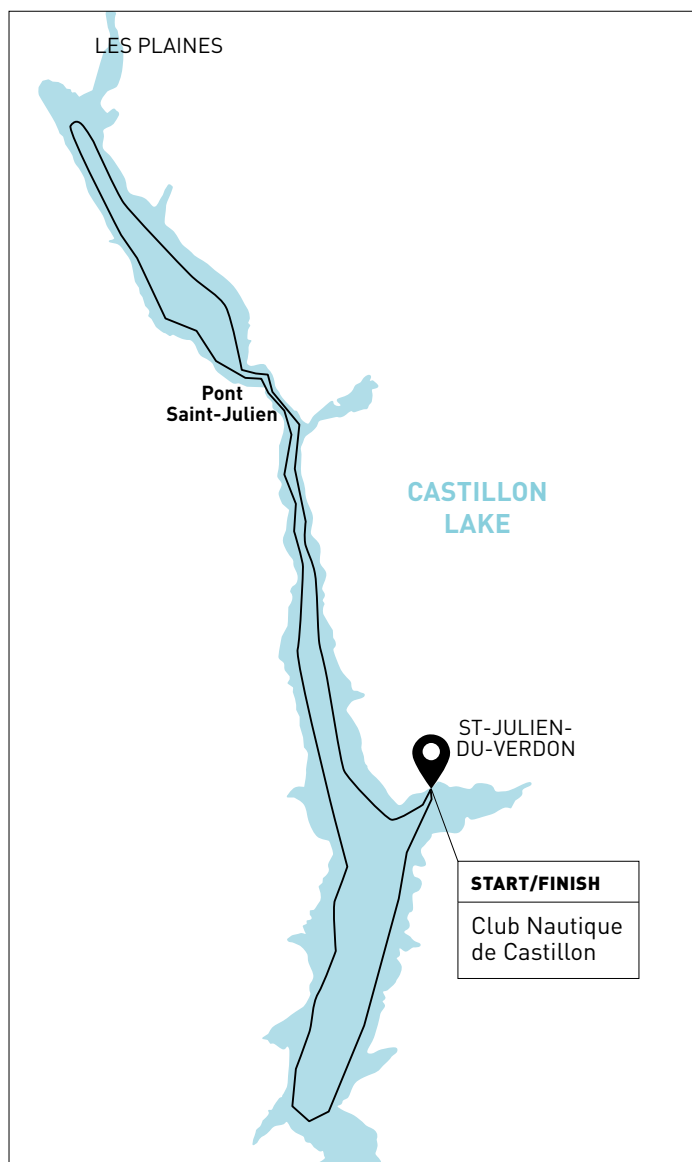


13 & 14 JULY

2 DAYS / 35 KM


ROWING LEVEL 


“LES CASTILLONNADES”



The Castillon lake is located in Saint-Julien-du-Verdon, a little Provence village between the Val d'Allos mountains and the Verdon gorges. The boat club in Castillon welcomes you for a 8-km journey along the basin with turquoise waters and protected from strong winds by the high surrounding mountains.

 **Recreational four-person sculling boats**

 **Rowers : 115 € without accommodation, 3 meals**
Companions : identical fees
30 seats available, 25 €

 **CLUB NAUTIQUE DE CASTILLON**
 Daniel Techy / 04 72 49 02 55
club.nautique.castillon@gmail.com

PARA-ROWING
 Frederic Dieudonné / 06 03 44 46 22
sabine.dieudonne0146@orange.fr

 **OFFICE TOURISME SAINT-ANDRÉ-LES-ALPES**
 04 92 89 02 39

PROVISIONAL PLANNING

In the evening before: welcome drink from 5.00 pm and boat preparation.

DAY 1

Breakfast/briefing, then a 18-km tour, picnic near the water, activities in the nature including among others electric bikes to ride on the famous "Route des Crêtes des Gorges du Verdon" (crest road). Drink with a pétanque game and Provençal dinner.

DAY 2

Breakfast/briefing, orientation tour (20 km), country-style buffet, activities outside rowing (catamaran sailing, stand-up paddling, windsurfing, kayaking,...).