

1<sup>st</sup> OCTOBER

1 DAY / 25 KM

ROWING LEVEL ISLANDS OF  
LERINS TOUR

You will start from "Bijou Plage" and head towards the famous "Iron Mask" prison on the island of Sainte-Marguerite. You will row along the island until reaching its eastern tip then pass between the Lerins islands surrounded by turquoise waters. You will then go back to Cannes before heading west towards the Esterel red rocks and Cannes-Mandelieu Club. You can also conclude your tour with a visit of the Fort on Sainte-Marguerite island or the monastery on Saint-Honorat, or else wander on the "Croisette" and enjoys its hotels, restaurants and luxury shops. Make sure to visit the old city of "Suquet" famous for its Castre museum and its many typical restaurants on Saint-Antoine street.

## PROVISIONAL PLANNING

You may arrive the day before and participate in activities such as paddling or biking (electric).

You will depart from Cannes on Bijou beach, then head towards the tower on Sainte-Marguerite island and pass between the two islands of Lérins before heading back to Cannes bay. You will head towards the Estérel mountains and the mouth of the Siagne in Mandelieu. Lunch.

Possibility to arrive the day before.



Mediterranean sea



double coastal rowing boat, quadruple coastal rowing boat



**Rowers : 40 € without accommodation, 1 meal / Companions: 25 € without accommodation, 1 meal**  
40 seats available, 25 €

**ROWING CLUB CANNES-MANDELIEU**

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