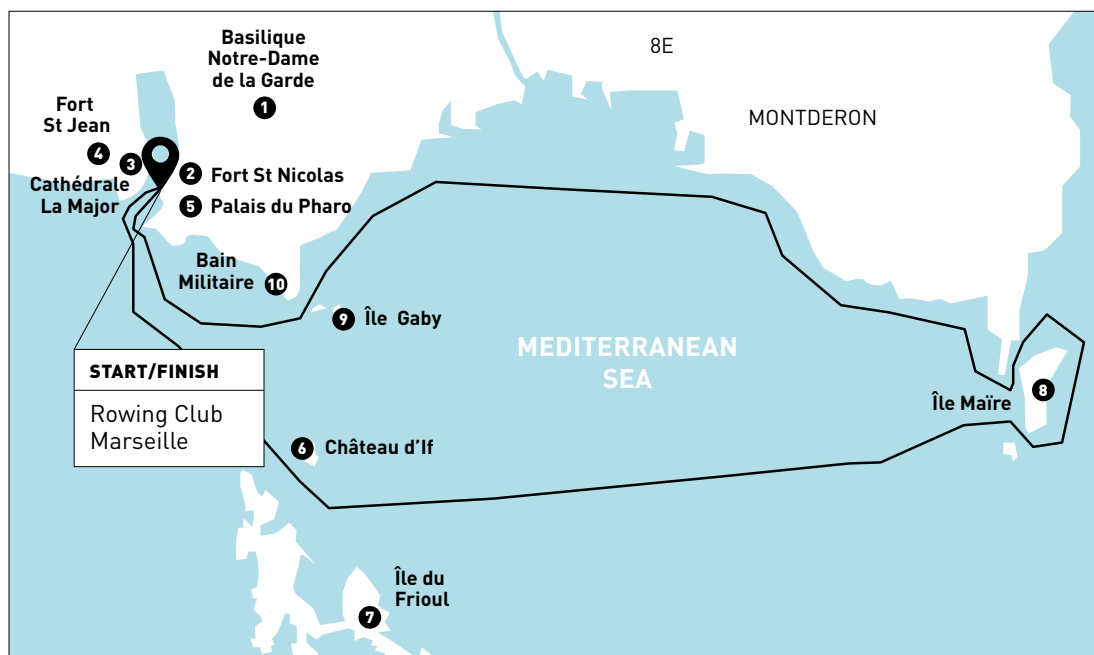



14 SEPTEMBER


1 DAY / 24 KM

ROWING LEVEL 

“LA BONNE MER’E”



 **Quadruple coastal rowing boat**

 **Rowers: 80 € without accommodation, 2 meals**
Companions: identical fees
40 seats available, 30 €

 **ROWING CLUB MARSEILLE**
 Marie-Claude Blanc / 06 84 78 17 60
rcmarseille.avironfrance@gmail.com

 **OFFICE DE TOURISME DE LA VILLE DE MARSEILLE**
 04 91 13 89 00

This tour takes place in the Marseilles bay, an exceptionally diverse and beautiful natural setting, from the old harbour up to the Calanques National Park. You will catch a glimpse of the Notre Dame de la Garde basilica (La Bonne Mère), the Vauban forts known as Saint-Jean and Saint-Nicolas, the Saint Victor abbey, the Palais du Pharo, the Cathédrale de la Major, and then the château d'If and the Frioul islands. You will then row toward the Goude neighbourhood, and then head to the Maire island and the famous Baie des Singes before rowing back to the club along the Marseilles shoreline.

PROVISIONAL PLANNING

8.00 AM Welcome. **9.00 AM** Departure for a 25-km or so tour.
1.30-3.00 PM Lunch. **3.00 PM** Optional tour according to the conditions.
8.00 PM Dinner at the club restaurant.