

WEEK-END

45

29 & 30 OCTOBER

2 DAYS / 25 KM

ROWING LEVEL 

PROVISIONAL PLANNING

DAY 1

9 AM Welcoming of participants. Possible training on the Sainte-Croix Lake if you have your own boat. In the afternoon, visit of the Museum of Prehistory of the Gorges du Verdon (discounted price but booking required) followed by an aperitif at the nautical base.

DAY 2

07.00AM Morning coffee
07.30AM Skipper meeting
08.00AM Boat Launching
08.30AM Departure of the tour (25km)
12.30PM Toast to friendship and meal on the banks of the lake

The Sainte Croix Lake, situated in the regional natural park of Verdon, is at the crossroads of many different and dramatic landscapes, such as the Valensole plateau and its lavender fields, the Verdon River and its canyon. On the first day, we propose you a free discovery of the Sainte Croix Lake and a visit of the Museum of Prehistory of the Gorges du Verdon, so that you can enjoy our magnificent region. On the next day, departing from the nautical base of the Association Voile et Nautisme in Sainte Croix du Verdon, you will board for a complete trip around the lake, and you will sail on its turquoise water, heading towards Moustiers-Sainte-Marie, which is famous for its earthenware and its star. You will then pass in front of the Galetas bridge, which shows the exact beginning of the renowned river canyon, and row along Les Salles sur Verdon, a village which was swallowed up and rebuilt on the heights and Bauduen before heading back to Sainte Croix du Verdon. Throughout this trip, you will be amazed by the breath-taking blue river and by the diversity of natural landscapes with the lake, the mountains, and typical villages. The canyon itself is about 25km long, but you can choose a reduced trip of 15km. Accompanying people will be able to enjoy a trip in our schooner on the lake.



Sainte-Croix lake



recreational double scull, recreational four-person sculling boats, double coastal rowing boat



Rowers: 35 € without accommodation, 1 meal / Companions: identical fees 50 seats available, 20 €



ASSOCIATION VOILE ET NAUTISME

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TOURIST OFFICE OF GRÉOUX LES BAINS CITY

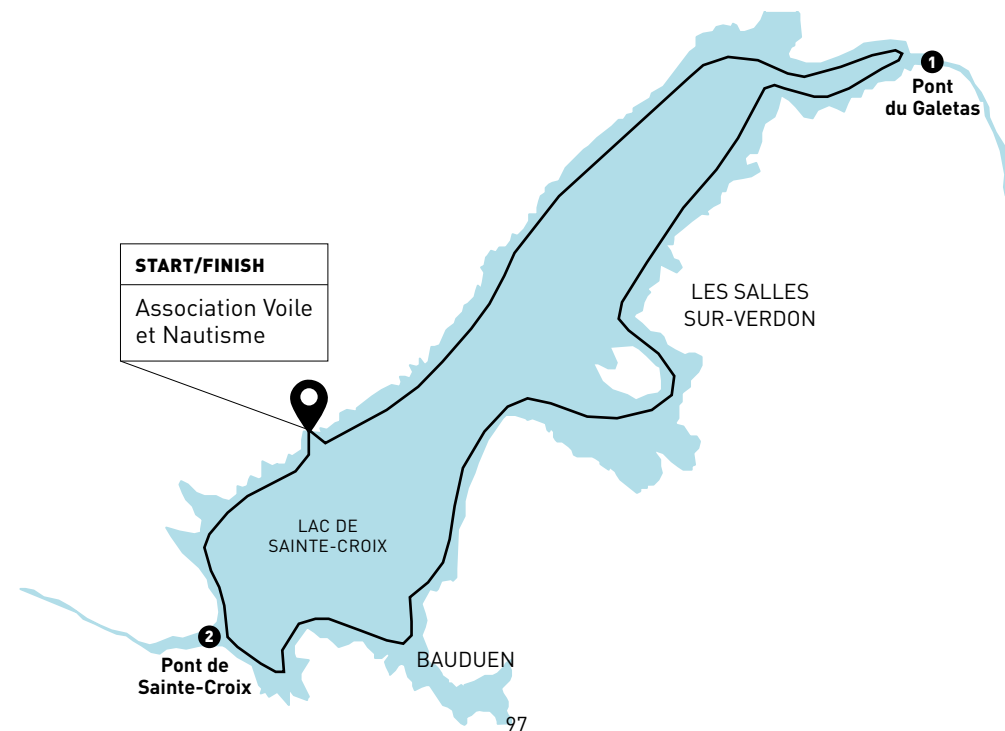
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"LES AVIRONNADES"