

Tillerest lake is located on the Loire river, between Roanne and Saint Etienne. The original gorges may have lost in depth but turned into a long and quiet lake winding between villages and castles. The valley is surrounded by the Lyonnais and Forez mountains and holds many architectural treasures such as the unexpected La Roche castle, surprisingly set at the heart of the lake. You can visit it, but be sure to make time, once in the area, to discover Saint-Jean-Saint Maurice, a medieval village surrounded by waters which used to be a step on the way of St James.

## PROVISIONAL PLANNING

**2PM** Welcome at the Cordelle Rowing Base. You may participate in activities such as paddling or canoeing, or rowing.

DAY 2

8AM Welcome.

9.30AM Departure.



Villerest lake



==== recreational double scull, recreational four-person sculling boats



Rowers: 100 € with accommodation, 1 night, 2 meals / 50 €: without accommodation, 1 meal Companions: 72 € with accommodation, 1 night, 2 meals / 22 €: without accommodation, 1 meal 60 seats available, 20 €



AVIRON ROANNE - LE COTEAU PARA-ROWING

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